



Practice Good Hygiene

# Pandemic

ANTHROPIC P...  
OUTBREAK  
BACTERIA  
COVER YOUR MOUTH  
WORLD HEALTH ORGANIZATION

## Are you Prepared?

Take Action Today . . . HILLYARD can help.

SWINE FLU!



# What is a Pandemic?

The World Health Organization (WHO) officially declares a pandemic when three conditions are met;

- A disease emerges within a population,
- Humans are infected with a serious illness and
- The illness spreads easily and is infectious among humans.

H1N1 Flu (Swine Flu) has officially been declared a global pandemic by the World Health Organization.

# Has your organization developed a plan?

## Plan Now to Be Ready for the Next Flu Pandemic

**SCHOOL DISTRICT (K-12) PANDEMIC INFLUENZA PLANNING CHECKLIST**

Local educational agencies (LEAs) play an integral role in protecting the health and safety of their district's staff, students and their families. The Department of Health and Human Services (HHS) and the Centers for Disease Control and Prevention (CDC) have developed the following checklist to assist LEAs in developing and/or improving plans to prepare for and respond to an influenza pandemic.

Building a strong relationship with the local health department is critical for developing a meaningful plan. The key planning activities in this checklist build upon existing relationships and plans that LEAs and the Centers for Disease Control and Prevention (CDC) have developed the following checklist to assist LEAs in developing and/or improving plans to prepare for and respond to an influenza pandemic.

Further information on pandemic influenza planning is available at [www.hhs.gov/pandemicflu/plan/leas/](http://www.hhs.gov/pandemicflu/plan/leas/).

**I. Planning and Coordination:**

Completed In Progress Not Started

Identify the local health department for official communication.

Identify the local health department for official communication.

As part of the plan, establish a communication protocol for the local health department, state and federal health officials, and other relevant agencies.

Work with the local health department to develop a communication plan for the local health department, state and federal health officials, and other relevant agencies.

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## Four Components of a Pandemic Plan

- Planning and Coordination
- Continuity of Operations
- Infection Control Policies and Procedures
- Communication Planning

## Where to Start...

The Department of Health & Human Services, Centers for Disease Control and the Department of Education have posted checklists online at [www.flu.gov](http://www.flu.gov) to assist in planning for an influenza pandemic. Checklists are available for:

- School
- Workplace
- Health Care
- Family
- Community



## Three steps you can take today!

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Building a strong relationship with the local health department is critical for developing a meaningful plan. The key planning activities in this checklist build upon existing relationships between LEAs and the local health department to test your pandemic plan and revise it periodically. Share what you have learned from developing your preparedness and response plan with other LEAs as well as private schools within the community to improve community response efforts.

Further information on pandemic influenza planning is available at [ccheplanning.pdf](#).

### I. Planning and Coordination:

Completed	In Progress	Not Started	Task
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Identify the local health official responsible for pandemic planning.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Identify for each school building, school district, or county the local public health director, and ensure that all relevant personnel are aware of the roles and responsibilities of each.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work with the local health department to develop a plan for how to coordinate and communicate with the local health department during a pandemic.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Develop a continuity of operations plan for essential central office functions including payroll and accounting communication with students and parents.

### II. Continuity of Student Learning and Core Operations:

Completed	In Progress	Not Started	Task
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Consider developing in concert with the local health department a surveillance system that would alert the local health department to a substantial increase in absenteeism among students.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Implement an exercise/drift to test your pandemic plan and revise it periodically.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Share what you have learned from developing your preparedness and response plan with other LEAs as well as private schools within the community to improve community response efforts.

### III. Infection Control Policies and Procedures:

Completed	In Progress	Not Started	Task
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work with the local health department to implement effective infection prevention policies and procedures that help limit the spread of influenza at schools in the district (e.g., promotion of hand hygiene, cough/flu etiquette). Make good hygiene a habit now in order to help protect children from many infectious diseases such as flu.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Provide sufficient and accessible infection prevention supplies, such as soap, alcohol-based/waterless hand sanitizer, tissues, and receptacles for their disposal.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Establish policies and procedures for staff and students suspected to be ill or who become ill at school. Staff and students with known or suspected pandemic influenza should not remain at school and should return only after their symptoms resolve and they are physically ready to return to school.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Establish policies for transporting ill students.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Assure that the LEA pandemic plan for school-based health facilities conforms to those recommended for health care settings (Refer to <a href="#">www.hhs.gov/pandemicflu/plan</a> ).

### IV. Communications Planning:

Completed	In Progress	Not Started	Task
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Assess readiness to meet communication needs in preparation for an influenza pandemic, including regular review, testing, and updating of communication plans.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Develop a dissemination plan for school communications by including community spokespersons and links to other communication networks.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ensure language, culture and reading level appropriateness in communications by including translators representing different languages and/or ethnic groups on the planning committee, asking for their participation both in document planning and the dissemination of public health messages within their communities.

**Plan Now to Be Ready for the Next Flu Pandemic**

...and other people makes you more likely to make others sick. The flu could spread like wildfire could get sick.

...can be made, limiting contact among people who are sick. This is one tool to contain the disease and to prevent getting it.

...health officials may ask you to take actions to help limit the spread of the virus. Your daily routines may change.

When the flu pandemic first begins, information will be given on the radio and in the newspaper. People early can save lives.

Help you to be ready for the pandemic could last up to several weeks.

**Household**

The flu can be cared for at home. Hospitals may only be needed for those who are the most ill or who have complications.

At least 10 days when you are sick with pandemic flu, staying home will keep you from giving it to others. If you are sure others in your household also stay home when they are sick. During this time if someone in your household has the flu, avoid contact with family members who do not have the flu.

Cover your mouth and nose when you cough or sneeze. Wash hands frequently with soap and water.

Consult your doctor if you have any questions about the flu pandemic.

1

## DID YOU KNOW...

Handwashing is the single most effective means to prevent the spread of communicable diseases.

*Source: Centers for Disease Control*



**MAKE HAND HYGIENE A PRIORITY**

1

## MAKE HAND HYGIENE A PRIORITY

### Handwashing – Are your systems up to date?

- Clean, up-to-date hand soap systems encourage handwashing.
- Hillyard Touch-Free soap dispensers help provide a cleaner, more sanitary restroom environment.



HIL22259



HIL22261



### FLU FACTOID...

Only 67% of individuals wash their hands after using the restroom.

*Source: American Society for Microbiology*



## MAKE HAND HYGIENE A PRIORITY

**Antibacterial or Plain Soap? - The important point is to wash.**

- Proper washing with antibacterial or plain soap aids in the removal of germs from your hands.
- Antibacterial soaps offer the added benefit of killing most common germs that may cause disease.
- In healthcare settings antibacterial soaps are recommended.





1



## MAKE HAND HYGIENE A PRIORITY

### Instant Hand Sanitizer –

#### Put It Where The Hands Are!

- Outside the restroom, when it's not convenient to wash, use alcohol-based instant hand sanitizers.
- PURELL® and Hillyard IHS, kill 99.99% of most common germs that may cause illness.
- They work in as little as 15 seconds and no water or towels are needed.
- Specially formulated with moisturizers to leave hands feeling soft and refreshed.



1

## MAKE IT CONVENIENT TO SANITIZE

- Lobbies and reception desks.
- In front of cafeteria lines.
- Break rooms and hallways.
- Auditoriums and gyms.

Make it portable  
with a stand!



2

## DID YOU KNOW...

80% of infections are spread when someone touches a germ-ridden surface.

*Source: medicinenet.com*



**DISINFECT HIGH-TOUCH SURFACES**

# 2

## DISINFECT HIGH-TOUCH SURFACES

### Germs are everywhere

- Keep surfaces clean to help prevent the spread of the influenza virus.
- Disinfectants remove dirt and soil, and kill most bacteria and germs that may cause illness.
- Prevent cross-contamination of germs on surfaces that are touched often.



### FLU FACTOID...

The human influenza virus can survive on surfaces a surprising two to eight hours!

*Source: Food and Drug Administration*





## DISINFECT HIGH-TOUCH SURFACES

Hillyard disinfectants registered with the EPA for use against Influnza A will also be effective against the (H1N1) influenza virus.

Product Description	EPA Registration Number	Influenza A	Avian Influenza (H5N1)
Q.T. Plus	6836-77-1658	X	X
Re-Juv-Nal	47371-131-1658	X	X
Vindicator	47371-129-1658	X	X
Q.T.	47371-130-1658	X	X
Non-Acid*	47371-131-1658	X	X
Hillyard Lemon Disinf.	47371-36-1658	X	
QT-TB	1839-83-1658	X	
A.F.R.C.	47371-97-1658	X	

\*Non-Acid Restroom Disinfectant/Cleaner



2

## MAKE DISINFECTING QUICK AND EASY

Use Disinfectant Wipes on...

- Tables and desks.
- Keyboards and phones.
- Door knobs and handles.
- Most hard surfaces!



## MAKE DISINFECTING QUICK AND EASY

Ready-To-Use Aerosols  
Disinfect in One Simple Operation

- Super Hil-Aire® Citrus
- Super Hil-Aire® Fresh & Clean
- Germicidal Foaming Cleaner



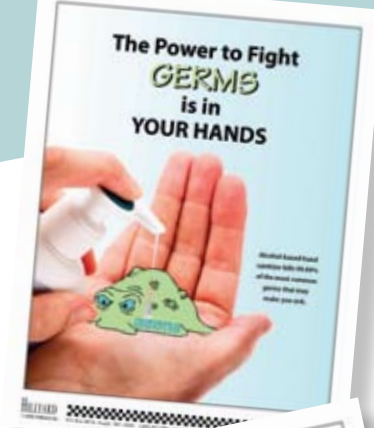


## EDUCATE AND TRAIN

### Awareness is Critical

- Train others in proper hand hygiene, cough etiquette and disinfection techniques.
- Provide resources that promote personal hygiene such as hand soap, hand sanitizer and disinfectants to clean surfaces.
- Use signs, posters, and brochures as constant reminders and to create an atmosphere that brings good hygiene to the forefront.

Create awareness and emphasize proper hygiene practices with these complimentary awareness tools.  
**Go to [hillyard.com](http://hillyard.com), download, print, and post!**





### Resources for You:

[www.cdc.gov](http://www.cdc.gov)

[www.who.int](http://www.who.int)

[www.fda.gov](http://www.fda.gov)

[www.flu.gov](http://www.flu.gov)

[www.pandemicflu.gov](http://www.pandemicflu.gov)

## EDUCATE AND TRAIN

### What YOU can do to Prevent H1N1, Swine Flu

- Wash hands often with soap and water.
- Cover nose & mouth with tissue when sneezing or coughing.
- Avoid touching eyes, mouth and nose when coughing or sneezing (the "T" zone).
- Keep children home from school, daycare or other social events if they are sick.
- Stay home from work or public settings if you are sick.

# THINK AHEAD...

"We want communities and families to also be thinking ahead about how they can ready themselves to cope with this virus should increased illness and community outbreaks occur."

*Dr. Anne Schuchat  
CDC Telebriefing, June 26, 2009*

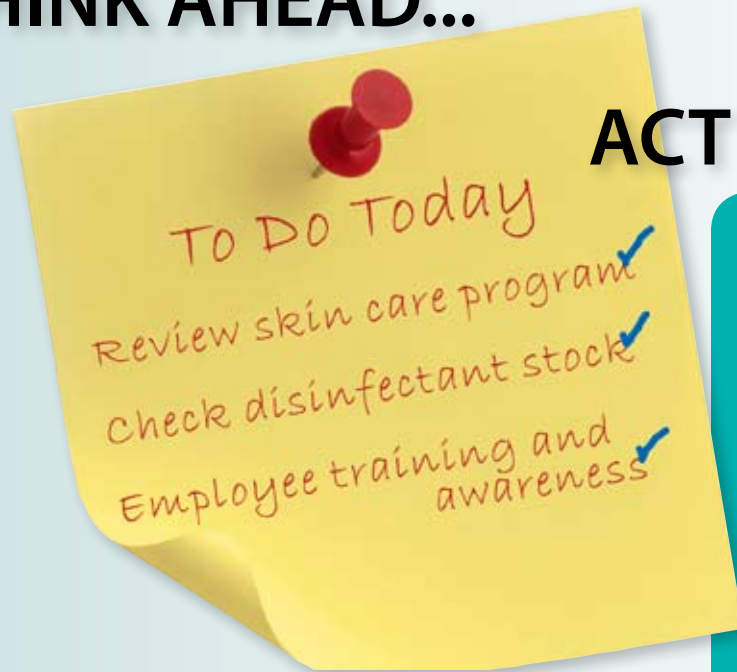
## What YOU can do to take action NOW!

To Do Today  
Review skin care program  
check disinfectant stock  
Employee training and awareness





# THINK AHEAD...



# ACT NOW!

- Do you have the inventory necessary to support a good hygiene program through a severe pandemic?
- Is hand sanitizer easily accessible in areas where soap and water are unavailable?
- Do employees know how to properly use disinfectants on surfaces that are touched frequently?
- Are disinfectant wipes available for quick, convenient, and easy cleaning?

# HILLYARD CAN HELP!

